



A Place to Grow
436 Route 125
Brentwood, NH 03833
603.679.1660

2022-2023 School Year COVID-19 Response Plan

A Place to Grow is committed to being open for our families. Keeping A Place to Grow open during the pandemic will require a commitment from the school, staff, and families to follow the guidelines outlined below during our daily routines at home and school. The health and safety of our entire school community rely on strict adherence to these practices. Failure to follow these guidelines could result in an inadvertent exposure to our school community, which has the potential to shut down the entire facility. This response plan is a living document and will be updated to reflect the latest guidance by the CDC and NH Division of Public Health Services.

Family Commitments

1. Families minimize time inside the building.
2. Optional Screening for COVID
 - a. Weekly screening for COVID via PCR testing is available for all families and children over the age of 3.
3. COVID Vaccination
 - a. Vaccines are now available for children ages 6 months and up.
 - b. Please provide a copy of vaccination cards to the office for files
 - c. Exclusion protocols will be determined based on vaccination status
4. Exclusion Protocol
 - a. Vigilant monitoring of symptoms and strict enforcement of exclusion for COVID symptoms as outlined in the CDC guidelines and the NH Division of Public Health Guidelines for Childcare and Public Schools.

Symptoms requiring exclusion and COVID testing include:

1. Fever (100 under arm)
2. Cough
3. Shortness of breath
4. Fatigue
5. Muscle and body aches
6. Headache



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7. New loss of taste or smell
8. Sore throat
9. Congestion or runny nose
10. Nausea or vomiting
11. Diarrhea

5. Return to School

- a. Children may return to school when asymptomatic for **24 hours and have a negative COVID test result**. PCR testing is required. If COVID positive within the last 90 days, the test type is best determined by your physician.
- b. Any child or household family member testing positive for COVID will need to notify the director IMMEDIATELY so we may review the required protocol as outlined in the NH Division of Public Health Guidelines for Childcare and Public Schools.

A Place to Grow Commitment

1. Handwashing

- a. Frequent handwashing is practiced throughout the building.
- b. Classrooms teach direct instruction of handwashing techniques to all children.
- c. All children in infants and toddlers are having hands washed with adult supervision.

2. Cleaning

- a. Only EPA registered cleaning agents or recommended by the CDC are being used. 5 tbsp bleach per gallon or 4 tsp bleach per quart of water.
- b. All indoor toys are to be sanitized in a cleaning agent every day.
- c. All solid surfaces and high contact areas are disinfected throughout the day and at closing.

3. Fresh Air

- a. All classrooms will have windows open slightly to allow circulation of fresh air.
- b. Outdoor play time opportunities will be maximized to naturally allow greater space between children and fresh air.

4. Distancing

- a. Students will be spaced as much as possible for eating, indoor play, and rest time.
- b. Families are met by a teacher at the door of the school to pick up and drop off children.

5. Staff Exclusion Protocol

- a. Staff will follow the same exclusion protocol as outlined above for children.