



A Place to Grow
436 Route 125
Brentwood, NH 03833
603.679.1660

2021-22 School Year COVID-19 Response Plan

A Place to Grow is committed to being open for our families. Keeping A Place to Grow open during the pandemic will require a commitment from the school, staff, and families to follow the guidelines outlined below during our daily routines at home and school. The health and safety of our entire school community rely on strict adherence to these practices. Failure to follow these guidelines could result in an inadvertent exposure to our school community, which has the potential to shut down the entire facility for 10 days. This response plan is a living document and will be updated to reflect the latest guidance by the CDC and NH Division of Public Health Services.

Parent Commitments

1. All families must wear masks at pick up and drop off regardless of vaccination status.
2. Families will drop off outside of the building each day.
3. Exclusion Protocol
 - a. Vigilant monitoring of symptoms and strict enforcement of exclusion for COVID symptoms as outlined in the CDC guidelines and the NH Division of Public Health Guidelines for Childcare and Public Schools.

Symptoms requiring exclusion and COVID testing include:

1. Fever (100 under arm)
2. Cough
3. Shortness of breath
4. Fatigue
5. Muscle and body aches
6. Headache
7. New loss of taste or smell
8. Sore throat
9. Congestion or runny nose
10. Nausea or vomiting
11. Diarrhea



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4. Return to School

- a. Children may return to school when asymptomatic for **24 hours and have a negative COVID test result.** Testing type is best determined by your physician.
- b. Any child or household family member testing positive for COVID will need to notify the director immediately so we may review the required protocol as outlined in the NH Division of Public Health Guidelines for Childcare and Public Schools.

A Place to Grow Commitment

1. Handwashing

- a. The hands of everyone entering and exiting the building or outdoor classroom spaces must be washed immediately upon entry.
- b. Classrooms teach direct instruction of handwashing techniques to all children.
- c. All children in infants and toddlers are having hands washed with adult supervision.

2. Cleaning

- a. Only EPA registered cleaning agents or recommended by the CDC are being used. 5 tbsp bleach per gallon or 4 tsp bleach per quart of water.
- b. All indoor toys are to be sanitized in a cleaning agent every day.
- c. All entryway areas both indoors and outdoors are disinfected each day.
- d. All solid surfaces are disinfected nightly at closing and throughout the day.

3. Fresh Air

- a. All classrooms will have windows open slightly to allow circulation of fresh air.
- b. Outdoor play time opportunities will be maximized to naturally allow greater space between children and fresh air.

4. Distancing

- a. Blending of classrooms in common indoor spaces will be kept to a minimum.
- b. Students will be spaced as much as possible for eating, indoor play, and rest time.
- c. Families will be met by a teacher at the door of the school to pick up and drop off children.
- d. Teachers wear face masks regardless of vaccination status.

5. Staff Exclusion Protocol

- a. Staff will follow the same exclusion protocol as outlined above for children.



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I, _____, have read, understand, and commit to following the response plan as outlined above. Failure to follow the response plan may jeopardize the health and well-being of the A Place to Grow community and may ultimately result in immediate withdrawal per our Center Policies.

Signed _____ Date _____

Parent or Guardian of _____



COVID-19

Symptoms of COVID-19

Updated Feb. 22, 2021

[Print](#)

Watch for Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

Feeling Sick?

[Check Symptoms with Self-Checker](#)

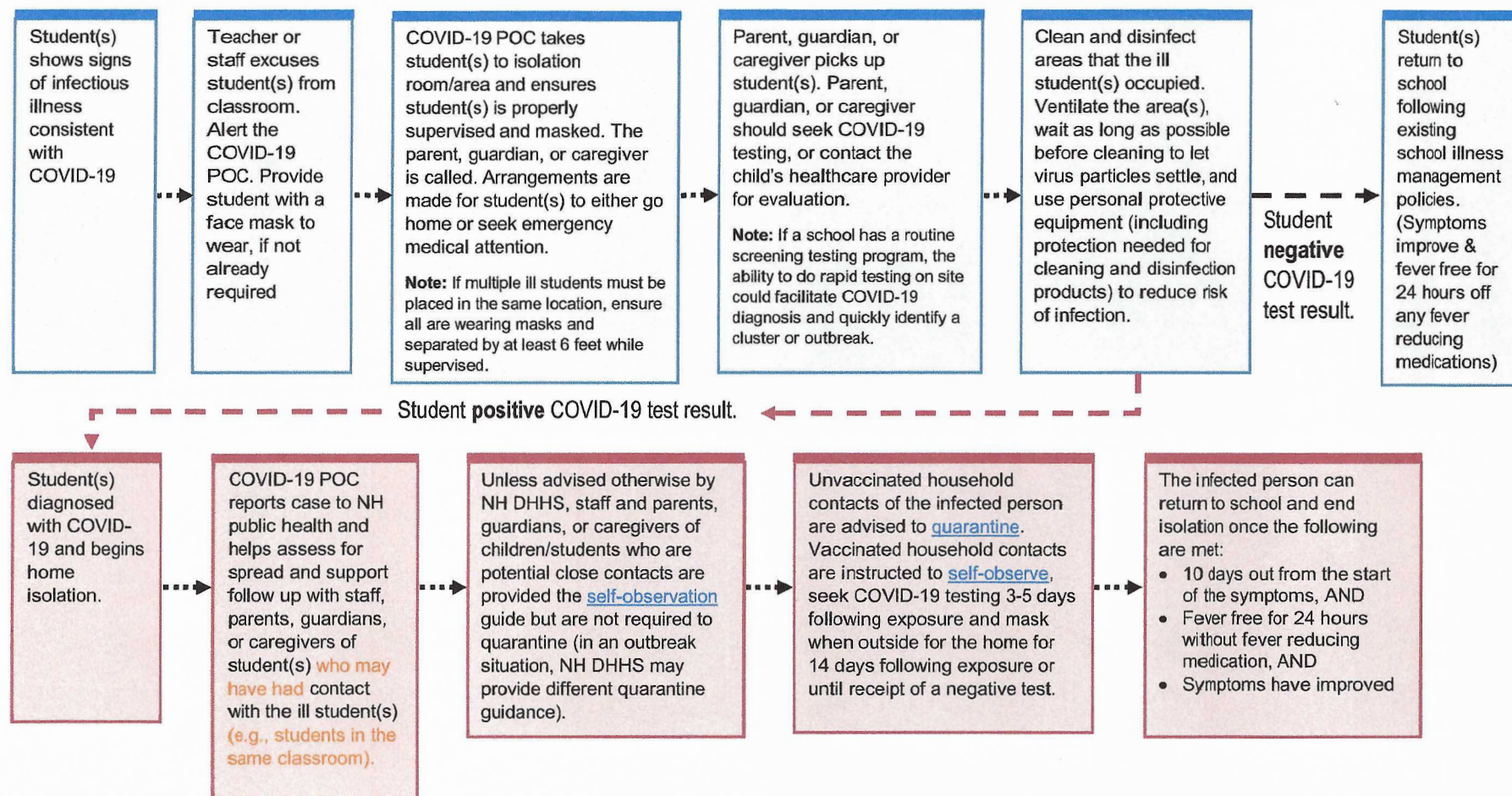
[Get Tested for COVID-19](#)

When to Seek Emergency Medical Attention

Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**:

- Trouble breathing

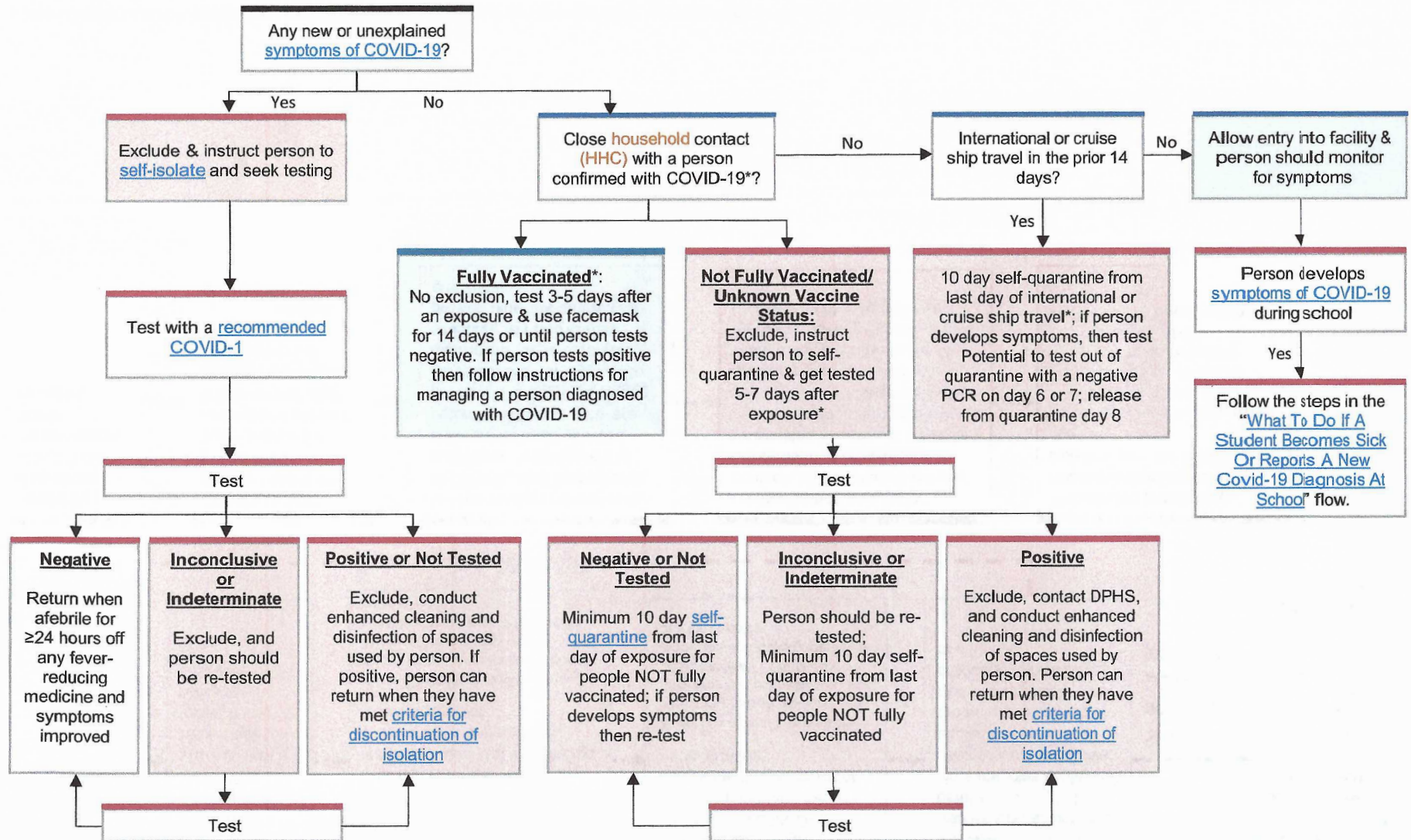
WHAT TO DO IF A STUDENT BECOMES SICK OR REPORTS A NEW COVID-19 DIAGNOSIS AT SCHOOL



Note: COVID-19 POC = designated point of contact (a staff person that is responsible for responding to COVID-19 concerns)

Adopted from: Centers for Disease Control and Prevention, *What to do if a Student Becomes Sick or Reports a New COVID-19 Diagnosis at School*, <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/student-becomes-sick-diagnosis-flowchart.html>. Updated July 14, 2021.

STUDENT & STAFF SCREENING ALGORITHM



*The following people do not need to quarantine (see Checklist below for greater detail):

1. Persons who are 14 days or more beyond completion of COVID-19 VACCINATION
2. Persons who are within 90 days of a prior SARS-CoV-2 infection that was diagnosed by PCR or antigen testing

Household contact (HHC): any individual who lives and sleeps in the same indoor space as another person diagnosed with COVID-19 (either temporary or permanent living arrangement), leading to close contact and potential repeated exposure to the person with COVID-19. This includes situations where there may be temporary but prolonged exposure such as sleepover events, shared camp, cabins, vacation rentals, dorm living scenarios, etc.)