

A Place to Grow 436 Route 125 Brentwood, NH 03833 603.679.1660

2021-22 School Year COVID-19 Response Plan

A Place to Grow is committed to being open for our families. Keeping A Place to Grow open during the pandemic will require a commitment from the school, staff, and families to follow the guidelines outlined below during our daily routines at home and school. The health and safety of our entire school community rely on strict adherence to these practices. Failure to follow these guidelines could result in an inadvertent exposure to our school community, which has the potential to shut down the entire facility for 10 days. This response plan is a living document and will be updated to reflect the latest guidance by the CDC and NH Division of Public Health Services.

Parent Commitments

- 1. All families must wear masks at pick up and drop off regardless of vaccination status.
- 2. Families will drop off outside of the building each day.
- 3. Exclusion Protocol
 - a. Vigilant monitoring of symptoms and strict enforcement of exclusion for COVID symptoms as outlined in the CDC guidelines and the NH Division of Public Health Guidelines for Childcare and Public Schools.

Symptoms requiring exclusion and COVID testing include:

- 1. Fever (100 under arm)
- 2. Cough
- 3. Shortness of breath
- 4. Fatigue
- 5. Muscle and body aches
- 6. Headache
- 7. New loss of taste or smell
- 8. Sore throat
- 9. Congestion or runny nose
- 10. Nausea or vomiting
- 11. Diarrhea

Edited 10/1/2021 in accordance with STATE OF NEW HAMPSHIRE CORONAVIRUS DISEASE 2019 (COVID-19) SCHOOL & CHILD CARE TOOLKIT 2021-2022 SCHOOL YEAR



A Place to Grow 436 Route 125 Brentwood, NH 03833 603.679.1660

- 4. Return to School
 - a. Children may return to school when asymptomatic for **24 hours** <u>and</u> have a negative COVID test result. Testing type is best determined by your physician.
 - b. Any child or household family member testing positive for COVID will need to notify the director immediately so we may review the required protocol as outlined in the NH Division of Public Health Guidelines for Childcare and Public Schools.

A Place to Grow Commitment

- 1. Handwashing
 - a. The hands of everyone entering and exiting the building or outdoor classroom spaces must be washed immediately upon entry.
 - b. Classrooms teach direct instruction of handwashing techniques to all children.
 - c. All children in infants and toddlers are having hands washed with adult supervision.
- 2. Cleaning
 - a. Only EPA registered cleaning agents or recommended by the CDC are being used. 5 tbsp bleach per gallon or 4 tsp bleach per quart of water.
 - b. All indoor toys are to be sanitized in a cleaning agent every day.
 - c. All entryway areas both indoors and outdoors are disinfected each day.
 - d. All solid surfaces are disinfected nightly at closing and throughout the day.
- 3. Fresh Air
 - a. All classrooms will have windows open slightly to allow circulation of fresh air.
 - b. Outdoor play time opportunities will be maximized to naturally allow greater space between children and fresh air.
- 4. Distancing
 - a. Blending of classrooms in common indoor spaces will be kept to a minimum.
 - b. Students will be spaced as much as possible for eating, indoor play, and rest time.
 - c. Families will be met by a teacher at the door of the school to pick up and drop off children.
 - d. Teachers wear face masks regardless of vaccination status.
- 5. Staff Exclusion Protocol
 - a. Staff will follow the same exclusion protocol as outlined above for children.



A Place to Grow 436 Route 125 Brentwood, NH 03833 603.679.1660

2021-22 School Year COVID-19 Response Plan

I,, have read, understand, and
commit to following the response plan as outlined above. Failure to follow the response plan may jeopardize
the health and well-being of the A Place to Grow community and may ultimately result in immediate withdrawal
per our Center Policies.

Signed	Date
y	

Parent or Guardian of _

Edited 10/1/2021 in accordance with STATE OF NEW HAMPSHIRE CORONAVIRUS DISEASE 2019 (COVID-19) SCHOOL & CHILD CARE TOOLKIT 2021-2022 SCHOOL YEAR





COVID-19

Symptoms of COVID-19

Print

Updated Feb. 22, 2021

Watch for Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

Feeling Sick?

Check Symptoms with Self-Checker

Get Tested for COVID-19

When to Seek Emergency Medical Attention

Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

Trouble breathing

WHAT TO DO IF A STUDENT BECOMES SICK OR REPORTS A NEW COVID-19 DIAGNOSIS AT SCHOOL

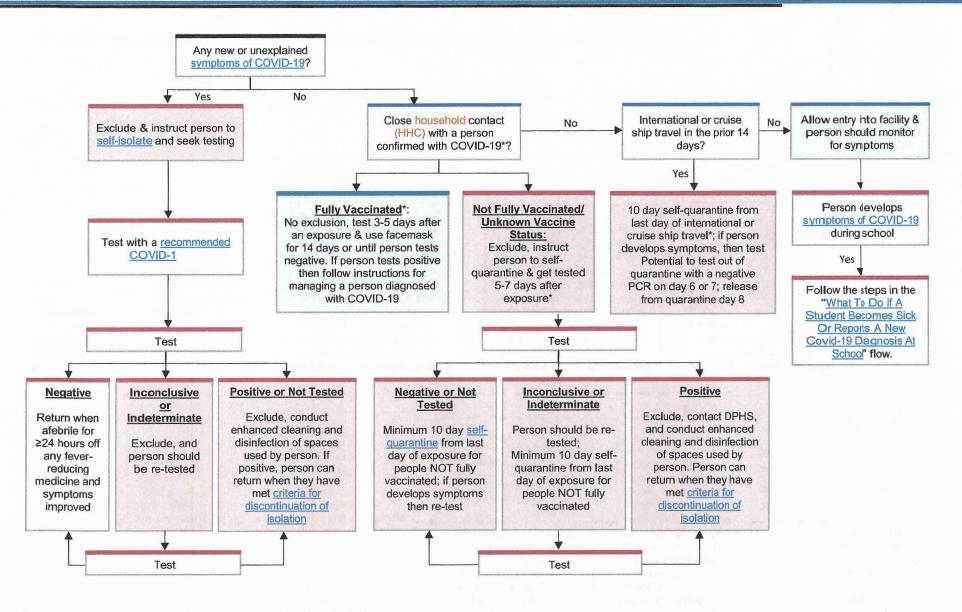
Student(s) shows signs of infectious illness consistent with COVID-19	 Teacher or staff excuses student(s) from classroom. Alert the COVID-19 POC. Provide student with a face mask to wear, if not already required	•••	COVID-19 POC takes student(s) to isolation room/area and ensures student(s) is properly supervised and masked. The parent, guardian, or caregiver is called. Arrangements are made for student(s) to either go home or seek emergency medical attention. Note: If multiple ill students must be placed in the same location, ensure all are wearing masks and separated by at least 6 feet while supervised.	•••	Parent, guardian, or caregiver picks up student(s). Parent, guardian, or caregiver should seek COVID-19 testing, or contact the child's healthcare provider for evaluation. Note: If a school has a routine screening testing program, the ability to do rapid testing on site could facilitate COVID-19 diagnosis and quickly identify a cluster or outbreak.	••	Clean and disin areas that the il student(s) occu Ventilate the arr wait as long as before cleaning virus particles s use personal pr equipment (inclu protection need cleaning and dis products) to red of infection.	I pied. ea(s), possible to let to tetle, and rotective uding led for sinfection	Student negative COVID-19 test result.	Student(s) return to school following existing school illness management policies. (Symptoms improve & fever free for 24 hours off any fever reducing medications)
Student(s) diagnosed with COVID- 19 and begins home isolation.	COVID-19 POO reports case to public health an helps assess for spread and sup follow up with s parents, guardii or caregivers o student(s) who have had conta with the ill studi (e.g., students same classroor	NH or oport taff, ans, f may oct ent(s in the) provide different quaran	se by rents s of are are <u>vation</u> ed to eak	by ts, e on o o o o o o o o o o o o o o o o o	d pe tine. l cor obse g 3- d ma iome osur	erson right intacts rve, 5 days ask e for re or	eturn to scl solation on are met: 10 days of the system Fever fre without for medication	d person can hool and end ce the following out from the star mptoms, AND the for 24 hours ever reducing on, AND ns have improve	

Note: COVID-19 POC = designated point of contact (a staff person that is responsible for responding to COVID-19 concerns)



Adopted from: Centers for Disease Control and Prevention, *What to do if a Student Becomes Sick or Reports a New COVID-19 Diagnosis at School*, *https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/student-becomes-sick-diagnosis-flowchart.html*. Updated July 14, 2021.

STUDENT & STAFF SCREENING ALGORITHM



*The following people do not need to quarantine (see Checklist below for greater detail):

- 1. Persons who are 14 days or more beyond completion of COVID-19 VACCINATION
- 2. Persons who are within 90 days of a prior SARS-CoV-2 infection that was diagnosed by PCR or antigen testing

Household contact (HHC): any individual who lives and sleeps in the same indoor space as another person diagnosed with COVID-19 (either temporary or permanent living arrangement), leading to close contact and potential repeated exposure to the person with COVID-19. This includes situations where there may be temporary but prolonged exposure such as sleepover events, shared camp, cabins, vacation rentals, dorm living scenarios, etc.)

